

Tidewater Women's Soccer League

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TWSL FAQ

1. **How do I find out what is going on in the league?**

Check the website for all current season news. If you register with us, you will automatically be signed up for our monthly e-mail newsletters. You could also follow our social media accounts for updates:

[TWSL Facebook](#) [TWSL Twitter](#) [TWSL Instagram](#)

2. **Who do I contact if I have an issue or concern?**

Contact the TWSL Board. Feel free to e-mail them at anytime.

3. **Where are the games played?**

The game locations can vary season to season. All of our games are typically played in the Hampton Roads area. Currently, our indoor and outdoor seasons are played in Chesapeake and Portsmouth. The location, dates, and times will be announced when registration opens for each specific season.

4. **What seasons and divisions do we offer?**

There are four seasons of opportunity to play soccer with us - Spring, Summer, Fall, and Winter. Spring, Summer, and Fall games are played outdoors. Winter games are played indoors. The Spring season typically runs from late-March - early June. The Summer season typically runs from mid-June - August. The Fall season typically runs from September - November. The Winter season typically runs from January - March.

We offer three different divisions available each season – Open Division, Over 30 Division, and Over 40 Division (Low Impact)

5. **What are the age restrictions for the divisions?**

To be eligible to play in the Open Division, you must be 18 yrs of age or older by the first game of the current season. To be eligible to play in the Over 30 Division, you must be 30 yrs of age or older by the first game of the current season. To be eligible to play in the Over 40 Division, you must be 40 yrs of age or older by the first game of the current season.

6. **What is the Guest List and how do I sign up for it?**

The Guest List is another route of registering to play with us. Registering as a Guest Player puts you on the Guest List, not a team. This list is utilized throughout the current season and is division specific. When teams will not have

enough of their players to play in a game, the Guest Players are offered an opportunity to play in that game and help the team out. It is up to the Guest Player to decide if they are available to play in the game or not. As a Guest Player, you are not guaranteed to play in a game every week.

To register as a Guest Player, go to our Registration page and follow the instructions to register for the current season. Simply click the option to be a Guest Player when completing the registration. See the Guest Player Policy on the website for more details.

The Guest List is a great option for players who are new to the league and want to check out the league before they commit to playing on a team. It is also a great option for players that will miss a lot of games during the regular season.

7. How do I add or drop from a team after the registration deadline has passed?

E-mail the TWSL Registrar ASAP. twslregistrar757@gmail.com

8. If I have to drop from a team what is the refund policy?

Refunds will be approved for the current season, as long as the Registrar is notified before games have started. After games have started, refunds will be issued less a \$20.00 service fee through the first week of play. Refunds will not be approved after the first week of play.

9. What is Team Formation? Can I request to play on a team with another player I know?

At the beginning of every season, the Board holds Team Formation. This is a meeting to form the teams for the current season. Once teams have been formed, the team roster information will be passed along to the Team Representative (TR). The TR will contact the players on their team with information throughout the season.

In the Open Division, you can sign up a team of players or you can sign up with a few friends as reciprocal requests. In the Over 30 Division and Over 40 Division, you can sign up in a group of three players, maximum ("two plus you"). These requests must be reciprocal requests between the groups of players. As always, you can sign up as an individual for either division. As an individual, you will be placed on a team that needs players.

10. What is a Team Representative (TR)? What are they responsible for?

TR's are the team captains for the season. They pass along all relevant, seasonal information to the players assigned to their team. This includes schedules, schedule changes, and league reminders. They are also responsible

for contacting their team weekly for attendance at the next game, reporting those numbers to the Division Coordinator, and requesting guest players from the Division Coordinator as needed. Depending on the need, TRs may be responsible for bringing league provided equipment to the fields (balls, pennies, flags, etc.).

11. How would I enter a team into the Open Division?

Before registration ends, you must send a roster to the TWSL Registrar during the current season registration period. twslregistrar757@gmail.com

12. What is MDCVSA? Why am I required to have insurance through them? How long is the player insurance valid before I have to renew it?

Metropolitan DC-Virginia Soccer Association, Inc. (MDCVSA) is the state-level organizing body for adult amateur soccer in Virginia and the District of Columbia. The MDCVSA is not a league. It is a member of the United States Adult Soccer Association (USASA) and the United States Soccer Federation, Inc. (USSF), which is affiliated with FIFA. Affiliated teams have insurance coverage for league play and when they play in other affiliated competitions anywhere in the United States. Each registered player will be considered an affiliate player with MDCVSA. This allows players to participate in area tournaments.

In order for TWSL to be an affiliate member of MDCVSA and a fully sanctioned league, all players must purchase the player insurance through MDCVSA. This insurance can act as your primary if you do not have insurance or as a secondary if you do have insurance. The fiscal year for the insurance is January 1st through December 31st.

13. Are there options for financial assistance with league fees?

Yes! We have options for players who may need some financial assistance for a season registration. Please contact the Registrar if you are interested. twslregistrar757@gmail.com

14. What do I do if I am injured in a TWSL match? How do I use my player insurance?

If you are injured in a TWSL match and need medical attention, you need to inform a TWSL Board member ASAP. Any TWSL Board member can provide you with a copy of the insurance forms you will need if you choose to use the player insurance. You can also access the forms through the MDCVSA website. www.mdcvsasoccer.org Remember, a Board member or referee who witnessed the injury must sign your insurance form before you turn it in.

MDCVSA's Participant Accident Insurance generally covers medical expenses (within limits) for injuries sustained during sanctioned amateur soccer activities.

Participant Accident Insurance is secondary coverage to a member's primary insurance. If no primary insurance exists, then this becomes their primary insurance coverage.

15. Is there a uniform? What equipment is required?

All players will be required to wear either a white shirt (home team) or royal blue shirt (away team) to every game. The league will provide every new-to-the-league player on a team a blue TWSL shirt at the beginning of their first season. This does not apply to Guest List only players. Each player will have to provide their own white shirt or purchase a white TWSL shirt. Shin guards and soccer socks are required. Shorts and socks can be any color.

16. I'd love to have some more TWSL gear. Where can I buy more? (tanks, sweatshirts, magnets, bags, etc.)

There are occasional bulk orders for shirts and other gear. Ask a Board member for more info. We often have extra tshirts available for purchase throughout the season.

17. I'm interested in volunteering or serving on the Board. How do I do that?

Every June, we hold TWSL Board elections. A notification will go out asking for all interested players to let us know which open position they would like to run for. Then, we will add your name to the ballot. As always, feel free to contact the Board and let us know if you are interested in volunteering to assist with something.

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